

# Embrace the Holiday Table Runner and Place Mats



Finished Size of Project: **Runner - 96" x 20" (2.43m x 0.51m)**

**Place Mats - 22" x 14" (0.56m x 0.36m)**

Fabric Collection Name and Designer: **Be Merry & Shine Bright by Lily Ford**

Technique: **Pieced**

Project Designed by: **Matthew Pridemore of The Whimsical Workshop**

Skill Level: **Advanced Beginner**

# Embrace the Holiday Table Runner and Place Mats



## Runner Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
<b>(A)</b> Christmas Bells	Charcoal	4117-95	$\frac{3}{8}$ yard (0.34m)
<b>(B)</b> Christmas Blocks	Charcoal	4119-95	$\frac{2}{3}$ yard (0.61m)
<b>(C)</b> Christmas Floral	Charcoal	4120-95	$\frac{3}{8}$ yard (0.34m)
<b>(D)</b> Snowflakes	Charcoal	4121-95	$\frac{1}{2}$ yard (0.46m)
<b>(E)</b> Bells and Poinsettias	Charcoal	4127-95	$\frac{3}{8}$ yard (0.34m)
<b>(F)</b> Intermix	Olive	3188-65	$\frac{3}{8}$ yard (0.34m)
<b>(G)</b> Intermix	Red	3188-88	1½ yards (1.37m)*

\* includes binding



(A)



(B)



(C)



(D)



(E)



(F)



(G)

## Backing (Purchased Separately)

44" (1.12m) wide

Christmas Ornaments	Charcoal	4123-95	3 yards (2.74m)
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Backing  
44"

## Additional Materials:

- Batting 104" x 28" (2.64m x 0.71m)
- Thread and sewing supplies

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# Embrace the Holiday Table Runner and Place Mats



## Runner Cutting Instructions

### Notes:

- Please make sure to check [blankquilting.net](http://blankquilting.net) for pattern updates prior to starting the project.
- All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

### Fabric A, cut:

- (1) 11½" x WOF; subcut
- (1) 11½" square

### Fabric B, fussy cut:

- (3) 11½" squares, each centered on a dark block

### Fabric C, cut:

- (1) 11½" x WOF; subcut
- (1) 11½" square

### Fabric D, cut:

- (1) 2" x WOF; subcut
- (2) 2" x 14½"
- (3) 1½" x WOF; subcut
- (5) 1½" x 14½"
- (5) 1½" x WOF. Sew the strips together end to end with diagonal seams and cut
- (2) 1½" x 92½"

### Fabric E, cut:

- (1) 11½" x WOF; subcut
- (1) 11½" square

### Fabric F, cut:

- (4) 2½" x WOF

### Fabric G, cut:

- (4) 2½" x WOF
- (2) 2½" x WOF; subcut
- (6) 2½" x 11½"
- (3) 2½" x WOF; subcut
- (6) 2½" x 15½"
- (2) 2" x WOF; subcut
- (6) 2" x 11½"
- (3) 2" x WOF; subcut
- (6) 2" x 14½"
- (6) 2½" x WOF for the binding

### Backing, cut:

- (1) 104" x 28" WOF

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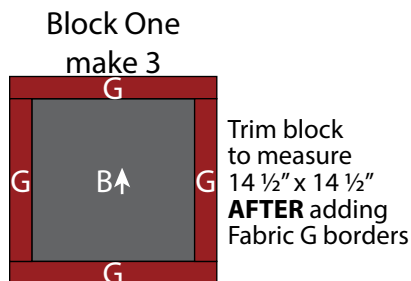


## Runner Sewing

- Sew using a  $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Press seams towards the darker fabric, unless otherwise indicated.
- The arrows in the figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.

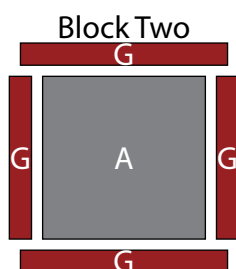
- Sew (1)  $2\frac{1}{2}$ " x  $11\frac{1}{2}$ " **Fabric G** strip to each side of (1)  $11\frac{1}{2}$ " **Fabric B** square. Sew (1)  $2\frac{1}{2}$ " x  $15\frac{1}{2}$ " **Fabric G** strip to the top and bottom of the **Fabric B** square to make (1) Block One square (**Fig. 1**). **Trim the block to measure  $14\frac{1}{2}$ " x  $14\frac{1}{2}$ ".** Repeat to make (3) Block One squares total.

**Fig. 1**



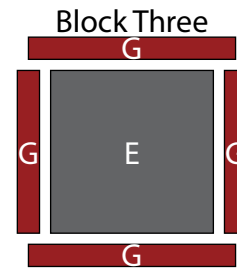
- Sew (1)  $2$ " x  $11\frac{1}{2}$ " **Fabric G** strip to each side of (1)  $11\frac{1}{2}$ " **Fabric A** square. Sew (1)  $2$ " x  $14\frac{1}{2}$ " **Fabric G** strip to the top and bottom of the **Fabric A** square to make (1)  $14\frac{1}{2}$ " Block Two square (**Fig. 2**).

**Fig. 2**



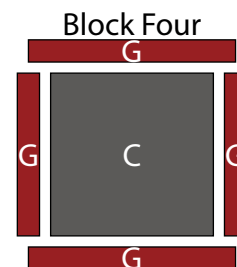
- Sew (1)  $2$ " x  $11\frac{1}{2}$ " **Fabric G** strip to each side of (1)  $11\frac{1}{2}$ " **Fabric E** square. Sew (1)  $2$ " x  $14\frac{1}{2}$ " **Fabric G** strip to the top and bottom of the **Fabric E** square to make (1)  $14\frac{1}{2}$ " Block Three square (**Fig. 3**).

**Fig. 3**



- Sew (1)  $2$ " x  $11\frac{1}{2}$ " **Fabric G** strip to each side of (1)  $11\frac{1}{2}$ " **Fabric C** square. Sew (1)  $2$ " x  $14\frac{1}{2}$ " **Fabric G** strip to the top and bottom of the **Fabric C** square to make (1)  $14\frac{1}{2}$ " Block Four square (**Fig. 4**).

**Fig. 4**



- Sew together (1) Block One square, (1)  $1\frac{1}{2}$ " x  $14\frac{1}{2}$ " **Fabric D** strip, (1) Block Two square, (1)  $1\frac{1}{2}$ " x  $14\frac{1}{2}$ " **Fabric D** strip, (1) Block One square, (1)  $1\frac{1}{2}$ " x  $14\frac{1}{2}$ " **Fabric D** strip, (1) Block Three square, (1)  $1\frac{1}{2}$ " x  $14\frac{1}{2}$ " **Fabric D** strip, (1) Block One square, (1)  $1\frac{1}{2}$ " x  $14\frac{1}{2}$ " **Fabric D** strip and (1) Block Four square, in that order from left to right, to make the  $89\frac{1}{2}$ " x  $14\frac{1}{2}$ " Runner Center Block (**Fig. 5** on page 5).

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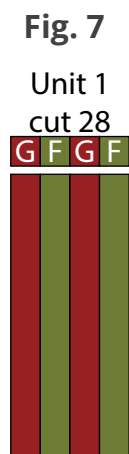
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# Embrace the Holiday Table Runner and Place Mats



6. Sew together (2) 2½" x WOF **Fabric G** strips and (2) 2½" x WOF **Fabric F** strip, lengthwise and alternating them from left to right, to make (1) Strip Set 1 (**Fig. 6**). Repeat to make a second Strip Set 1.
7. Cut the (2) Strip Set 1's into (28) 2½" x 8½" Unit 1 strips (**Fig. 7**).



8. Sew together (2) Unit 1 strips to make the Left Side Border (**Fig. 8**).
9. Sew together (2) Unit 1 strips to make the Right Side Border (**Fig. 9**).

**Fig. 8**

Left Side  
Border



**Fig. 9**

Right Side  
Border



10. Sew together (12) Unit 1 strips end-to-end to make the Top Border (**Fig. 10** below).
11. Sew (12) Unit 1 strips together end-to-end to make the Bottom Border (**Fig. 11** below).

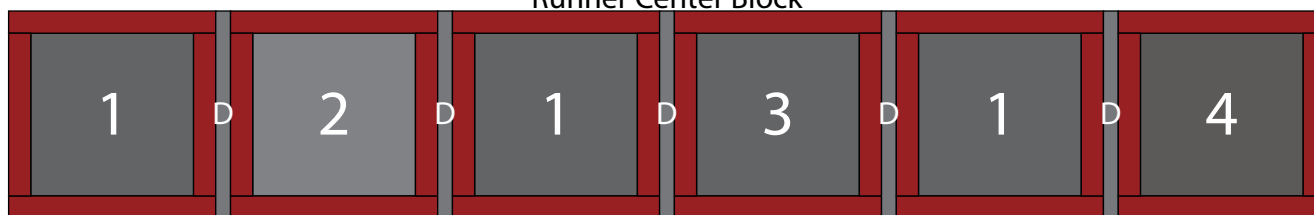
## Runner Top Assembly

Follow the Runner Layout (Page 6) while assembling the runner top.

12. Sew (1) 2" x 14½" **Fabric D** strip to each side of the Runner Center Block.
13. Sew (1) 1½" x 92½" **Fabric D** strip to the top and bottom of the Runner Center Block.
14. Sew the Left Side Border and Right Side

**Fig. 5**

Runner Center Block



**Fig. 10**

Top Border



**Fig. 11**

Bottom Border



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# Embrace the Holiday Table Runner and Place Mats



Borders to the left and right sides of the Runner Center Block.

15. Sew the Top Border and the Bottom Border to the top and to the bottom of the Runner Center Block to make the Runner top which should measure  $96\frac{1}{2}" \times 20\frac{1}{2}"$ .

## Runner Layering, Quilting and Finishing

16. Layer the backing (wrong side up), batting, and runner top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the top of the runner.

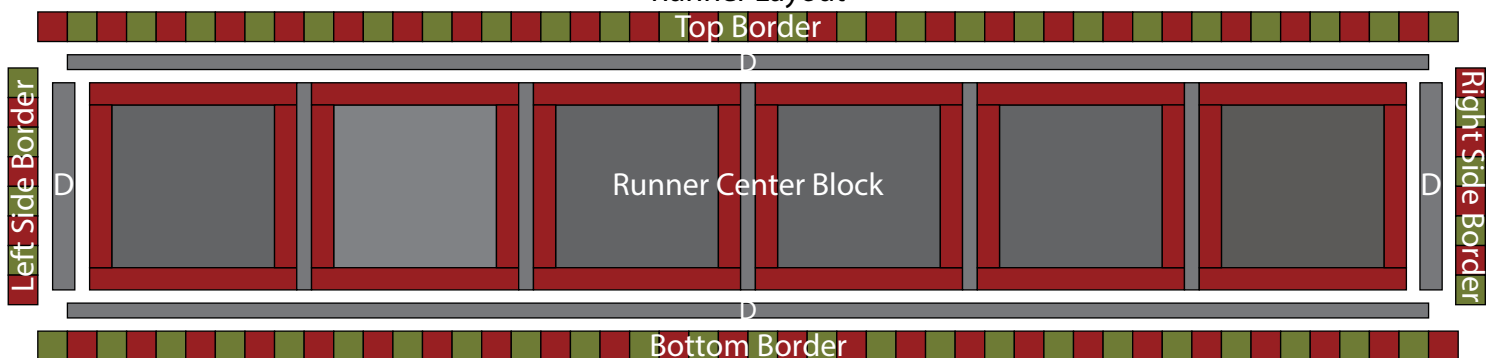
## Runner Binding

17. Sew together (6)  $2\frac{1}{2}" \times$  WOF **Fabric G** binding strips end to end with diagonal seams. Press the seams open. Press the binding strip in half wrong sides together.

18. Leaving an 8" tail of binding and beginning along an edge of the runner top, match raw edges of the binding to the raw edges of the runner top. Sew the binding to the outside edge around all four sides and miter corners. Stop sewing approximately 12" from where you started and backstitch.
19. Lay both loose ends of binding flat along the runner edge. Where these two loose ends meet, fold them back onto themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together, right sides matching. Trim seam to  $\frac{1}{4}"$  and press seam open. Finish sewing the binding to the runner top.
20. Turn the binding over the raw edge to the back of the runner and hand or machine stitch in place.

Fig. 12

Runner Layout



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# Embrace the Holiday Table Runner and Place Mats



## Place Mat Fabric Requirements (makes 6)

DESIGN	COLOR	ITEM ID	YARDAGE
<b>(A)</b> Winter Village	White	4118-01	$\frac{3}{8}$ yard (0.34m)
<b>(B)</b> Christmas Blocks	Charcoal	4119-95	$\frac{2}{3}$ yard (0.61m)
<b>(C)</b> Snowflakes	Charcoal	4121-95	$\frac{3}{4}$ yard (0.69m)
<b>(D)</b> Christmas Wreaths	White	4125-01	$\frac{3}{8}$ yard (0.34m)
<b>(E)</b> Christmas Poinsettias	White	4126-01	$\frac{3}{8}$ yard (0.34m)
<b>(F)</b> Intermix	Olive	3188-65	1 yard (0.91m)*
<b>(G)</b> Intermix	Red	3188-88	1 yard (0.91m)*

\* includes binding



(A)



(B)



(C)



(D)



(E)



(F)



(G)

## Backing (Purchased Separately)

44" (1.12m) wide

Plaid

Charcoal

4124-95

2 $\frac{1}{4}$  yards (2.06m)



Backing  
44"

## Additional Materials:

- Batting (6) 26" x 18" (0.66m x 0.46m)
- Thread and sewing supplies

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# Embrace the Holiday Table Runner and Place Mats



## Place Mat Cutting Instructions

### Notes:

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- All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

### Fabric A, cut:

(1) 11½" square

### Fabric B, fussy cut:

(3) 11½" squares, each centered  
on the light blocks

### Fabric C, cut:

(2) 2½" x WOF; subcut

(6) 2½" x 11½"

(3) 2½" x WOF; subcut

(6) 2½" x 15½"

(2) 2" x WOF; subcut

(6) 2" x 11½"

(3) 2" x WOF; subcut

(6) 2" x 14½"

### Fabric D, cut:

(1) 11½" square

### Fabric E, cut:

(1) 11½" square

### Fabric F, cut:

(6) 2½" x WOF

(6) 2½" x WOF for the binding

### Fabric G, cut:

(6) 2½" x WOF

(6) 2½" x WOF for the binding

### Backing, cut:

(6) 26" x 18" WOF

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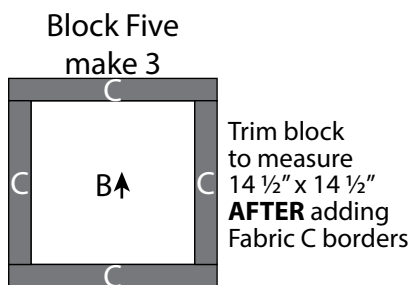
# Embrace the Holiday Table Runner and Place Mats



## Place Mat Sewing

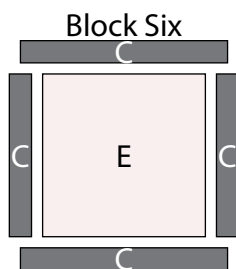
- Sew using a  $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Press seams towards the darker fabric, unless otherwise indicated.
  - The arrows in the figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components.
21. Sew (1)  $2\frac{1}{2}$ " x  $11\frac{1}{2}$ " **Fabric C** strip to each side of (1)  $11\frac{1}{2}$ " **Fabric B** square. Sew (1)  $2\frac{1}{2}$ " x  $15\frac{1}{2}$ " **Fabric C** strip to the top and bottom of the **Fabric B** square to make (1) Block Five square (**Fig. 13**). **Trim the block to measure  $14\frac{1}{2}$ " x  $14\frac{1}{2}$ ".** Repeat to make (3) Block Five squares total.

**Fig. 13**



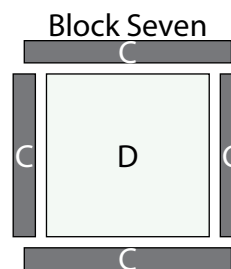
22. Sew (1)  $2\frac{1}{2}$ " x  $11\frac{1}{2}$ " **Fabric C** strip to each side of (1)  $11\frac{1}{2}$ " **Fabric E** square. Sew (1)  $2\frac{1}{2}$ " x  $14\frac{1}{2}$ " **Fabric C** strip to the top and bottom of the **Fabric E** square to make (1)  $14\frac{1}{2}$ " Block Six square (**Fig. 14**).

**Fig. 14**

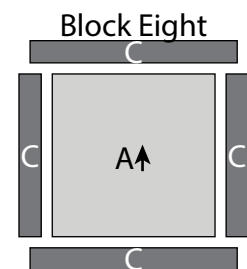


23. Sew (1)  $2\frac{1}{2}$ " x  $11\frac{1}{2}$ " **Fabric C** strip to each side of (1)  $11\frac{1}{2}$ " **Fabric D** square. Sew (1)  $2\frac{1}{2}$ " x  $14\frac{1}{2}$ " **Fabric C** strip to the top and bottom of the **Fabric D** square to make (1)  $14\frac{1}{2}$ " Block Seven square (**Fig. 15**).
24. Sew (1)  $2\frac{1}{2}$ " x  $11\frac{1}{2}$ " **Fabric C** strip to each side of (1)  $11\frac{1}{2}$ " **Fabric A** square. Sew (1)  $2\frac{1}{2}$ " x  $14\frac{1}{2}$ " **Fabric C** strip to the top and bottom of the **Fabric A** square to make (1)  $14\frac{1}{2}$ " Block Eight square (**Fig. 16**).

**Fig. 15**



**Fig. 16**



25. Sew (1)  $2\frac{1}{2}$ " x WOF **Fabric G** strip to the left side of (1)  $2\frac{1}{2}$ " x WOF **Fabric F** strip lengthwise to make (1) Strip Set 2 (**Fig. 17**). Repeat to make (6) Strip Set 2's total.
26. Cut the (6) Strip Set 2's into (84)  $2\frac{1}{2}$ " x  $4\frac{1}{2}$ " Unit 2 strips (**Fig. 18**).

**Fig. 17**

Strip Set 2  
make 6



**Fig. 18**

Unit 2  
cut 84



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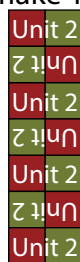
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27. Paying attention to the orientation of the units, sew together (7) Unit 2 strips lengthwise to make (1) Block Nine strip (**Fig. 19**). Repeat to make (12) Block Nine strips total.

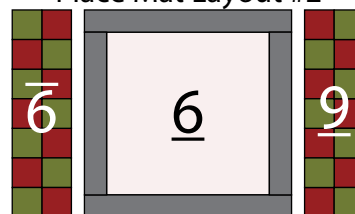
**Fig. 19**  
Block Nine  
make 12



29. Repeat Step 28 and refer to **Figures 21-23** for component identification, placement and orientation to make (1) Place Mat #2 top, (1) Place Mat #3 top and (1) Place Mat #4 top.

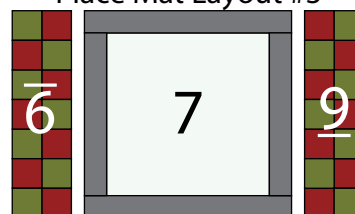
**Fig. 21**

Place Mat Layout #2



**Fig. 22**

Place Mat Layout #3



**Fig. 23**

Place Mat Layout #4



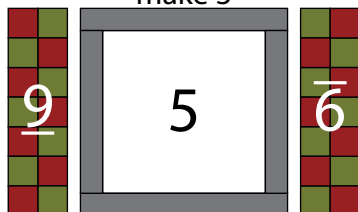
## Place Mat Top Assembly

Follow the Place Mat Layouts while assembling the place mat tops.

28. Sew (1) Block Nine strip to each side of (1) Block Five square to make (1) Place Mat #1 top which should measure 22½" x 14½" (**Fig. 20**). Repeat to make (3) Place Mat #1 tops total.

**Fig. 20**

Place Mat Layout #1  
make 3



# Embrace the Holiday Table Runner and Place Mats



## Place Mat Layering, Quilting and Finishing

30. Layer (1) backing (wrong side up), (1) batting, and (1) place mat top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the top of the runner. Repeat with the remaining batting, place mat tops and backs.

## Place Mat Binding

31. Sew together (6) 2½" x WOF **Fabric G** binding strips end to end with diagonal seams. Press the seams open. Press the binding strip in half, wrong sides together.
32. Leaving an 8" tail of binding and beginning along an edge of (1) place mat #1 top, match raw edges of the binding to the raw edges of the place mat top. Sew the binding to the outside edge around all four sides and miter corners. Stop sewing approximately 12" from where you started and backstitch.
33. Lay both loose ends of binding flat along the place mat edge. Where these two loose ends meet, fold them back onto themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together, right sides matching. Trim seam to ¼" and press seam open. Finish sewing the binding to the place mat top.
34. Turn the binding over the raw edge to the back of the place mat and hand or machine stitch in place. Repeat with the remaining (2) Place Mat #1 tops and **Fabric G** binding strips.

35. Sew together (6) 2½" x WOF **Fabric F** binding strips end to end with diagonal seams. Press the seams open. Press the binding strip in half, wrong sides together.
36. Leaving an 8" tail of binding and beginning along an edge of (1) place mat #2 top, match raw edges of the binding to the raw edges of the place mat top. Sew the binding to the outside edge around all four sides and miter corners. Stop sewing approximately 12" from where you started and backstitch.
37. Lay both loose ends of binding flat along the place mat edge. Where these two loose ends meet, fold them back onto themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together, right sides matching. Trim seam to ¼" and press seam open. Finish sewing the binding to the place mat top.
38. Turn the binding over the raw edge to the back of the place mat and hand or machine stitch in place. Repeat with the Place Mat #3 and Place Mat #4 tops and remaining **Fabric F** binding strips.

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