Fruit for Thought
by D. Don Francisco

Table Runner Set

Table Runner: 22" x 64"

Placemats: 18" x 14"

Skill Level: Beginner

Blank Quilting Corporation
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**Fruit for Thought** - Fabrics in the Collection

Selected fabric from the Urban Legend Collection by Tana Mueller

**1883-77 Lemons**
Blue

**1881-39 Fruits in Baskets**
Brown

**1884-41 Fruit Labels**
Ivory

**1885-99 Pineapples**
Black

Selected fabric from the Eclipse Solids Collection

**7101-88**
Red

**1879-01 Large Fruits**
White

**1880-01 Fruit Slices**
White

**1882-33 Packed Mini Fruits**
Orange

**1887-44 Strawberries**
Yellow

**1889-41 Fruit Wreaths**
Ivory

**1890-01 Bananas**
White

**1891-99 Apples**
Black

**1891-99**
Red

**3955**
White
Materials

Yardages and cutting instructions are based on 42” of usable fabric width.

1/4 yard 1879-01 Large Fruits - White
1/4 yard 1880-01 Fruit Slices - White
1/4 yard 1883-77 Lemons - Blue
1/4 yard 1885-99 Pineapples - Black
1/4 yard 1890-01 Bananas - White
1/4 yard 1891-99 Apples - Black
1/2 yard 1886-76 Cherries - Teal
1/2 yard 1887-44 Strawberries - Yellow
2/3 yard 3955 Eclipse - White
1-1/8 yards 1882-33 Packed Mini Fruits - Orange
1-3/4 yards 7101-88 Urban Legend - Red
3-1/3 yards 1889-41 Fruit Wreaths - Ivory for backing

49” x 69” piece of Air Lite® Colour Me 100% Cotton batting
Six 22” x 18” pieces of batting for the placemats

Cut Fabrics

Note: All strips are cut across the width of the fabric (WOF) from selvage to selvage unless otherwise indicated.
TR = Table Runner; PM = Placemats.

From each:
1879-01 Large Fruits – White
1880-01 Fruit Slices – White
1883-77 Lemons – Blue
1885-99 Pineapples – Black
1890-01 Bananas – White
1891-99 Apples - Black
*Cut one 6-1/2” x WOF strip. Sub-cut two 6-1/2” squares.

From each:
1886-76 Cherries – Teal
1887-44 Strawberries - Yellow
*Cut two 6-1/2” x WOF strips. Sub-cut three 6-1/2” x 12-1/2” rectangles and two 6-1/2” squares.

From 3955 Eclipse – White:
*Cut fifteen 1-1/2”x WOF strips. Sub-cut:
- (3) 1-1/2” x 13-1/2” sashing strips
- Save (4) strips for border 1 (TR), sub-cutting (4)

Assemble Blocks

Measurements include ¼” seam allowances. Sew with right sides together unless otherwise stated. If no direction is specified, press the seam toward the darker fabric.

1. Sew a 1-1/2” x 6-1/2” 7101-88 Urban Legend – Red strip between two 6-1/2” squares as listed below to make eight 6-1/2” x 13-1/2” rectangles, two of each type (figure 1). Press the seams toward the center.

- 1883-77 Lemons – Blue square, Red strip,
- 1891-99 Apples – Black square, Red strip,
- 1890-01 Bananas – White square
- 1886-76 Cherries – Teal square, Red strip,
- 1887-44 Strawberries – Yellow square
- 1889-41 Fruit Wreaths - Ivory rectangle (TR) and six 22” x 18” rectangles (PM). [Backing]

From 7101-88 Urban Legend – Red:
*Cut three 1-1/2” x WOF strips. Sub-cut sixteen 1-1/2” x 6-1/2” strips.
*Cut ten 1-1/4” x WOF strips for border 1 (PM).
*Cut seventeen 2-1/2” x WOF strips for binding.

From 1889-41 Fruit Wreaths - Ivory:
*Cut one 30” x 72” rectangle (TR) and six 22” x 18” rectangles (PM). [Backing]

Figure 1 – Make 2 of each.
2. Sew a 1-1/2” 3955 Eclipse – White cornerstone square between two 1-1/2” x 6-1/2” 7101-88 Urban Legend – Red strips (figure 2). Press the seams away from the center. Repeat to make four sashing strips.

Figure 2 – Make 4.

3. Sew one Step 2 strip between two Step 1 rectangles of the same type to form a block. Press the seams in one direction. Repeat with all the Step 1 and Step 2 units to make four 13-1/2” blocks (figure 3).

Figure 3 – Make (4) 13-1/2” blocks.

4. Refer to the table runner photo for block placement. Sew one 1-1/2” x 13-1/2” 3955 Eclipse – White sashing strip between the blocks to make the table runner center. Press the seams toward the sashing.

Assemble Table Runner

5. For border 1, cut two 13-1/2” lengths from one 1-1/2” 3955 Eclipse – White strip and sew one to the top and one to the bottom of the table runner. Press the seams toward the border strips. Sew together the remaining 1-1/2” White strips end to end using diagonal seams. Measure the vertical length of the table runner through the center and cut two border strips that length. Sew one strip to each side. Again, press the seams toward the borders.

6. For border 2, cut two 15-1/2” lengths from one 3-1/2” 1882-33 Packed Mini Fruits – Orange strip to and sew one to the top and one to the bottom of the table runner. Press the seams toward the border strips. For the side border, measure the vertical length of the table runner through the center and cut two border strips that length. Sew one strip to each side. Again, press the seams toward the borders.

Finishing the Table Runner

7. Create a quilt sandwich with the batting between the table runner and the 30” x 72” 1889-41 Fruit Wreaths - Ivory backing rectangle. Pin or baste layers together, mark quilting design, and quilt by hand or machine. When quilting is complete, remove pins or basting, and trim batting and backing even with the raw edges of the runner.

8. Join the five 2-1/2” 7101-88 Urban Legend – Red binding strips together end to end using a diagonal seam to make one long strip. Fold in half lengthwise and press. Sew binding to the edges of the table runner, mitering corners, and overlapping ends. Fold binding to the back of the runner and stitch it in place by hand to finish.

Assemble Placemats

9. For border 1, sew the ten 1-1/4” 7101-88 Urban Legend – Red border strips together end to end using diagonal seams to make a long strip. Beginning with the sides, sew one strip to the right side of one 6-1/2” x 12-1/2” 1886-76 Cherries – Teal rectangle. Trim and sew it to the left side of the same rectangle. Next, sew the same strip to the top, trim it, and sew it to the bottom of the rectangle. Repeat with the two remaining Cherries rectangles and the three 6-1/2” x 12-1/2” 1887-44 Strawberries – Yellow rectangles (figure 4). Press the seams toward the borders.

Figure 4
10. Repeat Step 9 with the ten 1-1/4" 3955 Eclipse – White strips to make and add border 2 to each placemat (figure 5).

![Figure 5](image)

11. For the sides of border 3, sew together the five 1-1/2" 1882-33 Packed Mini Fruits – Orange strips as in Step 9. Sew the strip to the sides of each placemat (figure 6). Press the seams toward the border.

![Figure 6](image)

12. For the top and bottom of border 3, sew together the six 2-1/2" 1882-33 Packed Mini Fruits – Orange strips as in Step 9. Sew the strip to the top and the bottom of each placemat (figure 7). Press the seams toward the border.

![Figure 7 - Make 3 of each.](image)

**Finishing the Placemats**

13. Cut the remaining 1889-41 Fruit Wreaths - Ivory backing fabric into six 22" x 18" backing rectangles. Create a quilt sandwich with the 22" x 18" batting pieces between the placemats and the backing. Pin or baste layers together, mark quilting design, and quilt by hand or machine. When quilting is complete, remove pins or basting, and trim batting and backing even with the raw edges of the placemats.

14. Repeat Step 8 with the twelve 2-1/2" 7101-88 Urban Legend – Red binding strips to make and add the binding to the placemats.
Table Runner Set Diagrams