Fruit for Thought
by D. Don Francisco

Kitchen Set design by Denise Russell.

6 Placemats: 18” x 13”

2 Breadbaskets: 7-1/2” x 11” x 2-1/2”

2 Hanging Towels: 5” x 15”

Skill Level: Advanced Beginner
Fruit for Thought - Fabrics in the Collection

Selected fabrics from the Urban Legend Collection by Tana Mueller

7101-66 Hunter
7101-88 Red
Materials
Yardages and cutting instructions are based on 42” of usable fabric width.

1/4 yard 7101-66 Urban Legend - Hunter
1/4 yard 1885-99 Pineapples - Black
3/8 yard 1880-01 Fruit Slices - White
3/8 yard 1883-77 Lemons - Blue
3/8 yard 1886-76 Cherries - Teal
1/2 yard 1884-41 Fruit Labels - Ivory
1/2 yard 1887-44 Strawberries - Yellow
1/2 yard 1891-99 Apples - Black
3/4 yard 7101-88 Urban Legend - Red
7/8 yard 1882-33 Packed Mini Fruits - Orange
1-1/2 yards 1881-39 Fruits in Baskets - Brown for backing
Six 17”x22” pieces of Air Lite® Colour Me 100% Cotton batting
Two 17-1/2” x 13-1/2” pieces of batting
Four 1-1/2” strips of Velcro
Two buttons
Eight 18” lengths of 3/8” yellow grosgrain ribbon
Plastic for template
Fabric marker

Cut Fabrics
Note: All strips are cut across the width of the fabric (WOF) from selvage to selvage unless otherwise indicated. PM = Placemats, B = Breadbaskets, HT = Hanging Towels.

From 7101-66 Urban Legend – Hunter:
*Cut six 1-1/4” x WOF strips for border 1 (PM).

From 1885-99 Pineapples – Black:
*Cut two 6-1/2” x 9-1/2” rectangles (HT).

From each:
1880-01 Fruit Slices – White
1883-77 Lemons - Blue
*Cut one 13-1/2” x 17-1/2” rectangle (B).

From 1886-76 Cherries – Teal:
*Cut one 13-1/2” x 17-1/2” rectangle (B). [cut first]
*Cut two 6-1/2” x 9-1/2” rectangles (HT).

From 1884-41 Fruit Labels – Ivory:
*Trim six 7-1/2” x 10-1/2” rectangles - two labels per rectangle (PM).

From 1887-44 Strawberries – Yellow:
*Cut one 15-1/2” x 20” rectangle (HT).

From 1891-99 Apples – Black:
*Cut one 13-1/2” x 17-1/2” rectangle (B).
*Cut one 15-1/2” x 20” rectangle (HT).

From 7101-88 Urban Legend – Red:
*Cut nine 2-1/2” x WOF strips for binding (PM).

From 1882-33 Packed Mini Fruits – Orange:
*Cut six 2” x WOF strips for border 2 – top and bottom (PM).
*Cut four 3-1/2” x WOF strips for border 2, sides (PM).

From 1881-39 Fruits in Baskets – Brown:
*Cut three 17” x WOF strips. Sub-cut six 17” x 22” rectangles.

Note: Measurements include 1/4” seam allowances. Sew with right sides together unless otherwise stated. If no direction is specified, press the seam toward the darker fabric.

Assemble Placemats

1. For border 1, sew the six 1-1/4” 7101-66 Urban Legend - Hunter border strips together end to end using diagonal seams to make a long strip. Beginning with the sides, sew one strip to the right side of one 7-1/2” x 10-1/2” 1884-41 Fruit Labels – Ivory rectangle. Trim the strip and sew it to the left side of the same rectangle. Press the seams toward the borders. Next, sew the same strip to the top, trim it, and sew it to the bottom of the rectangle (Figure 1). Repeat with the remaining Fruit Labels rectangles.
2. For the sides of border 2, sew together the four 3-1/2” 1882-33 Packed Mini Fruits – Orange strips. Sew the strip to the sides of each placemat and press the seams toward the border. For the top and bottom of border 2, join the six 2” 1882-33 Packed Mini Fruits – Orange strips as before and sew the strip to the top and the bottom of each placemat (figure 2). Press the seams toward the border.

3. Create a quilt sandwich with the 17” x 22” batting pieces between the placemats and the 17” x 22” 1881-39 Fruits in Baskets – Brown backing rectangles. Pin or baste layers together, mark quilting design, and quilt by hand or machine. When quilting is complete, remove pins or basting, and trim batting and backing even with raw edges of the placemats.

4. Join the nine 2-1/2” 7101-88 Urban Legend – Red binding strips together end to end using a diagonal seam to make one long strip. Fold in half lengthwise and press. Sew binding to the edges of the placemats, mitering corners, and overlapping ends. Fold binding to the back of the placemats and stitch it in place by hand to finish.

5. With right sides facing, place the 13-1/2” x 17-1/2” 1883-77 Lemons – Blue rectangle and the 13-1/2” x 17-1/2” 1880-01 Fruit Slices – White rectangle together and over the 13-1/2” x 17-1/2” piece of batting. Pin and sew around the edges, leaving a 3” opening. Turn the basket inside out, fold the open edge in about ¼”, pin it and press. With contrasting thread, topstitch around basket edge and quilt as desired.

6. Fold one length of ribbon to form a 90° angle and pin to a corner of the basket, forming a V. Topstitch the ribbon in place (figure 3). Repeat with the other three corners.

7. Repeat Steps 5 and 6 with the 13-1/2” x 17-1/2” 1891-99 Apples – Black rectangle, the 13-1/2” x 17-1/2” 1886-76 Cherries - Teal rectangle, and the remaining piece of batting to make the other basket. Before using the baskets, tie the ribbons in a bow at each corner.

Assemble Hanging Towels

8. Fold in each short end of the 6-1/2” x 9-1/2” 1885-99 Pineapples – Black rectangles 1/4” twice, and topstitch (figure 4).

9. Trace hanging towel topper shape on the plastic for templates. Cut on the outline. With right sides together and hemmed edges touching, pin the corners of the Step 8 rectangles so the fabrics won’t shift. Align the bottom of the template with one of the hemmed edges and trace it using a fabric marker. Cut on the outline, pin, and stitch the three raw edges together.
Cut small Vs or notches on the curved edges so they will be flat later. Turn topper inside out and press.

10. Sew a 1/4” seam on the two short sides and one long side of the 15-1/2” x 20” 1887-44 Strawberries – Yellow rectangle. Pleat rectangle at its raw edge such that the center measures approximately 5-1/2” (figure 5).

11. Insert about 3/8” of the raw edge of the Strawberry pleated unit into the bottom of the Pineapples topper, pin, and topstitch.

12. With the front of the towel facing you, align one 1-1/2” Velcro strip with the bottom center of the topper hemmed edge, pin, and stitch it on all sides with thread that matches the topper fabric. Then, measure 1-1/2” down from the tip of the topper, center and pin the second 1-1/2” Velcro strip, and stitch.

13. Fold topper tip down to snap Velcro strips together and stitch button near the topper tip.

14. Repeat Steps 8-13 with the 6-1/2” x 9-1/2” 1886-76 Cherries – Teal rectangles and the 15-1/2” x 20” 1891-99 Apples – Black rectangle to make the second hanging towel.
Hanging Towel Topper Template

1" square

This top toward the other hemmed edge

Hanging Towel Topper
100% Scale
Trace onto plastic for template
Place atop hemmed topper rectangles
Trace around outline with fabric marker
Cut on the outline

Align with hemmed edge