

Stars & Stripes Forever

• A Free Project Sheet •
• NOT FOR RESALE •

Table Set



Featuring fabrics from the **Stars & Stripes Forever** collection by **Sharla Fults** for **STUDIO e fabrics**

Runner Fabric Requirements

(A) 5829-78	¼ yard
(B) 5833-01	1 yard
(C) 5831-78	¼ yard
(D) 5830-77	⅛ yard
(E) 5833-71	⅛ yard
(F) 5831-07	¼ yard
(G) 1351-Red Delicious**	¼ yard
(H) 5833-80	⅛ yard
(I) 5830-88	⅛ yard
(J) 5826-78	⅝ yard*
Backing	
5825-71	1 ¾ yards

Place Mat Fabric Requirements (makes 4)

(A) 5829-78	⅛ yard
(B) 5833-01	⅝ yard
(C) 5831-78	¼ yard
(D) 5830-77	⅛ yard
(E) 5833-71	¼ yard
(F) 5833-80	¼ yard
(G) 5827-78	⅜ yard
(H) 1351-Red Delicious**	¾ yard*
(I) 5831-07	⅛ yard
(J) 5830-88	⅛ yard
Backing	
5828-78	1 ¼ yards

Additional Supplies Needed

Batting (1) 58" x 22", (4) 20" x 15"
(Recommended:
Air Lite® Colour Me 100% Cotton)
Piecing and sewing thread
Quilting and sewing supplies

Quilt designed by Heidi Pridemore
Finished Runner Size 50" x 14"
Finished Place Mat Size 16" x 11"
Skill Level: Intermediate

* Includes Binding

** Just Color! Collection

Please check our website for pattern updates before starting this project.

Fabrics in the Collection



USA Stars & Eagles
Blue – 5825-71



Fireworks
Multi – 5826-78



Plaid
Multi – 5827-78



Patchwork
Multi – 5828-78



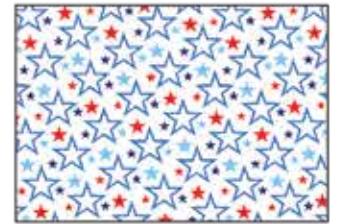
Packed Flags
Multi – 5829-78



Flying Eagles Silhouette
Blue – 5830-77



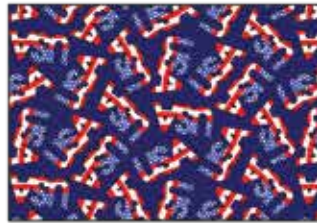
Flying Eagles Silhouette
Red – 5830-88



Tossed Stars
White – 5831-07



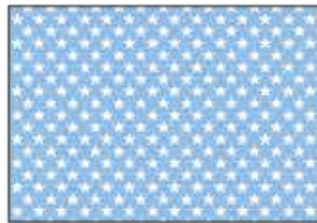
Tossed Stars
Blue – 5831-78



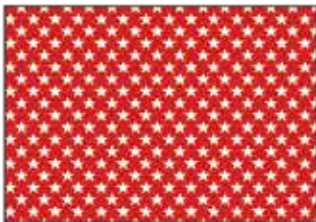
Tossed USA Word
Multi – 5832-78



Set Little Stars
White – 5833-01



Set Little Stars
Blue – 5833-71



Set Little Stars
Red – 5833-80



Border Stripe
Multi – 5834-78



Banner Panel
Multi – 5835P-78



Flag Panel
Multi – 5836P-78

Select Fabric from
Just Color!



Red Delicious
1351-Red Delicious

Runner Cutting

Runner Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (5829-78 Packed Flags – Multi), cut:

- (1) 4 ½" x WOF strip, sub-cut (2) 4 ½" squares.

Fabric B (5833-01 Set Little Stars – White), cut:

- (1) 10 ¾" square. Cut the square across (1) diagonal to make (2) 10 ¾" triangles.
- (1) 3" x WOF strip, sub-cut (12) 3" squares.
- (3) 2 ½" x WOF strips, sub-cut (48) 2 ½" squares.
- (2) 2" x WOF strips, sub-cut (24) 2" squares.
- (2) 1 ½" x 36 ½" WOF strips.

Fabric C (5831-78 Tossed Stars – Blue), cut:

- (2) 2 ½" x WOF strips, sub-cut (16) 2 ½" x 4 ½" strips.

Fabric D (5830-77 Flying Eagles Silhouette – Blue), cut:

- (1) 2" x WOF strip, sub-cut (8) 2" x 4 ½" strips.

Fabric E (5833-71 Set Little Stars – Blue), cut:

- (1) 2" x WOF strip, sub-cut (8) 2" x 3" strips.

Fabric F (5831-07 Tossed Stars – White), cut:

- (1) 4 ½" square.

Fabric G (1351-Red Delicious Just Color! – Red Delicious), cut:

- (1) 2 ½" x WOF strip, sub-cut (8) 2 ½" x 4 ½" strips.

Fabric H (5833-80 Set Little Stars – Red), cut:

- (1) 2" x WOF strip, sub-cut (4) 2" x 4 ½" strips.

Fabric I (5830-88 Flying Eagles Silhouette – Red), cut:

- (1) 2" x WOF strip, sub-cut (4) 2" x 3" strips.

Fabric J (5826-78 Fireworks – Multi), cut:

- (5) 3 ½" x WOF strips for extra wide binding.

Backing (5825-71 USA Stars and Eagles – Blue), cut:

- (1) 22" x 58" strip to make the back.

Runner Sewing

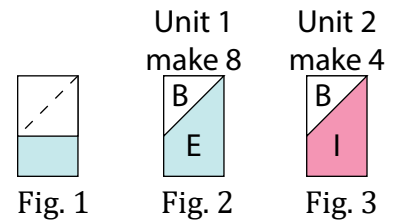
Sew using a $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

Runner Block Assembly

Note: Pay attention to the unit orientations when assembling the various components.

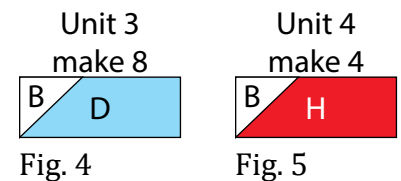
1. Place (1) 2" Fabric B square on the top of (1) 2" x 3" Fabric E strip, right sides together and aligning the tops of the fabrics (Fig. 1). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 1). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a $\frac{1}{4}$ " seam allowance to make (1) Unit 1 strip (Fig. 2). Repeat to make (8) Unit 1 strips total.

2. Repeat Step 1 and refer to Figure 3 for fabric identification, placement and seam direction to make (4) Unit 2 strips.



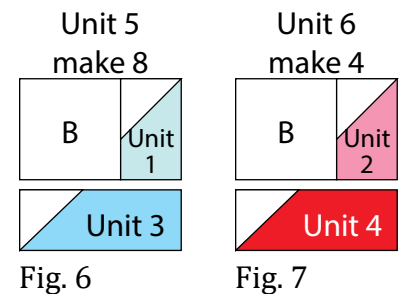
3. Place (1) 2" Fabric B square on the left side of (1) 2" x 4 $\frac{1}{2}$ " Fabric D strip, right sides together. Sew across the diagonal of the square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a $\frac{1}{4}$ " seam allowance to make (1) Unit 3 strip (Fig. 4). Repeat to make (8) Unit 3 strips total.

4. Repeat Step 3 and refer to Figure 5 for fabric identification, placement and seam direction to make (4) Unit 4 strips.



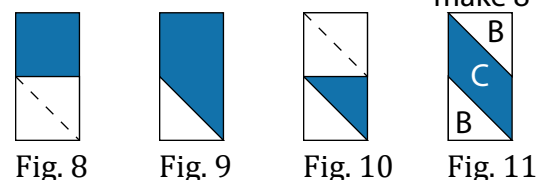
5. Sew (1) 3" Fabric B square to the left side of (1) Unit 1 strip. Sew (1) Unit 3 strip lengthwise to the bottom of the newly sewn strip to make (1) 4 $\frac{1}{2}$ " Unit 5 square (Fig. 8). Repeat to make (8) Unit 5 squares total.

6. Repeat Step 5 and refer to Figure 7 for component identification, placement and orientation to make (4) Unit 6 squares.



7. Place (1) 2 $\frac{1}{2}$ " Fabric B square on the top of (1) 2 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ " Fabric C strip, right sides together and aligning the bottoms of the fabrics (Fig. 8). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 8). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a $\frac{1}{4}$ " seam allowance (Fig. 9).

8. Place another 2 $\frac{1}{2}$ " Fabric B square on the top of the 2 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ " Fabric C strip, right sides together and aligning the tops of the fabrics (Fig. 10). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 10). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a $\frac{1}{4}$ " seam allowance to make (1) Unit 7 strip (Fig. 11).



9. Repeat Steps 7-8 to make (8) Unit 7 strips total.

10. Repeat Steps 7-8 and refer to Figures 12-14 for fabric identification, placement and seam direction to make (8) Unit 8 strips, (4) Unit 9 strips and (4) Unit 10 strips.

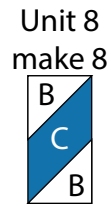


Fig. 12



Fig. 13

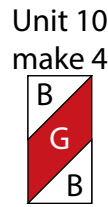


Fig. 14

11. Sew (1) Unit 7 strip to the left side of (1) Unit 8 strip lengthwise to make (1) 4 ½" Unit 11 square (Fig. 15). Repeat to make (8) Unit 11 squares.

12. Repeat Step 11 and refer to Figure 16 for component identification, placement and orientation to make (4) Unit 12 squares.

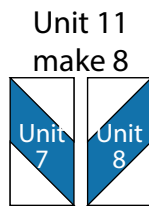


Fig. 15



Fig. 16

13. Sew (1) Unit 5 square to each side of (1) Unit 11 square to make the top row. Repeat to make the bottom row. Sew (1) Unit 11 square to each side of (1) 4 ½" Fabric A square to make the middle row. Sew the (3) rows together lengthwise to make (1) Block One square (Fig. 17). Repeat to make a second Block One square.

14. Sew (1) Unit 6 square to each side of (1) Unit 12 square to make the top row. Repeat to make the bottom row. Sew (1) Unit 12 square to each side of (1) 4 ½" Fabric F square to make the middle row. Sew the (3) rows together lengthwise to make (1) Block Two square (Fig. 18).

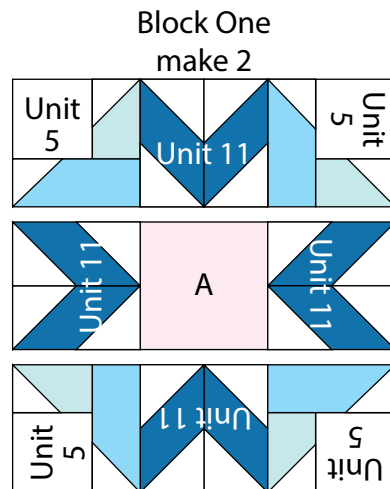


Fig. 17

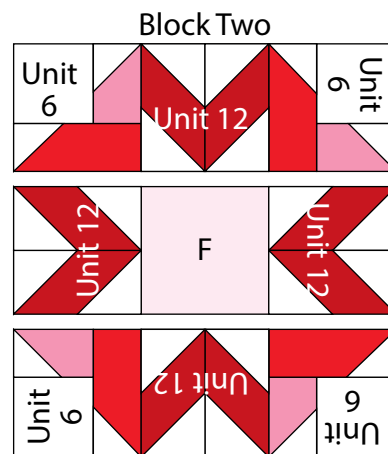


Fig. 18

15. Sew (1) Block One square to each side of (1) Block Two square to make the Center Block (Fig. 19).
16. Sew (1) 1 ½" x 36 ½" Fabric B strip to the top and to the bottom of the Center Block (Fig. 19).
17. Sew (1) 10 ¾" Fabric B triangle to each end of the Center Block to make the Runner top (Fig. 19).

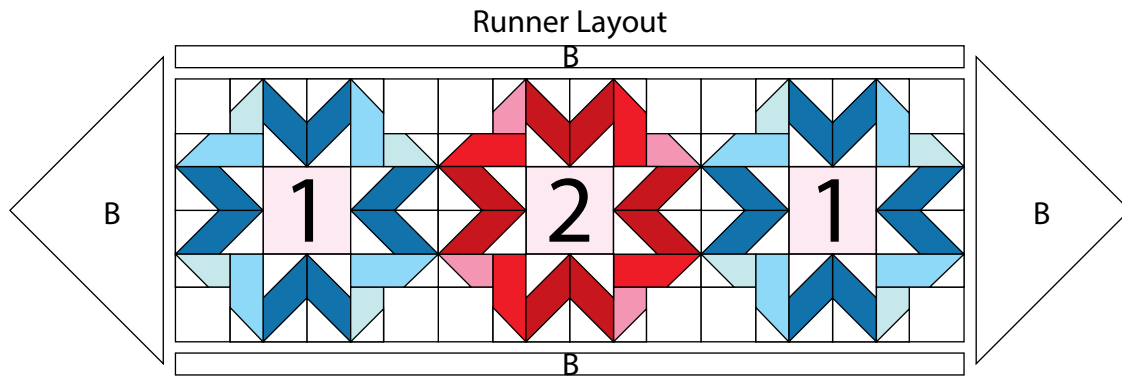


Fig. 19

Layering, Quilting and Finishing

18. Press the runner and 22" x 58" backing well. Layer backing (wrong side up), batting, pressed runner (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Binding

19. Cut the ends of the (5) Fabric J extra wide binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.
20. Sew the binding to the front of the runner, raw edges together. Turn the folded edge to the back, and hand stitch in place.

Place Mat Cutting

Place Mat Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (5829-78 Packed Flags – Multi), cut:

- (1) 3 ½" x WOF strip, sub-cut (2) 3 ½" squares.

Fabric B (5833-01 Set Little Stars – White), cut:

- (1) 2 ½" x WOF strip, sub-cut (16) 2 ½" squares.
- (4) 2" x WOF strips, sub-cut (64) 2" squares.
- (2) 1 ½" x WOF strips, sub-cut (32) 1 ½" squares.
- (4) 1 ¼" x WOF strips, sub-cut (16) 1 ¼" x 9 ½" strips.

Fabric C (5831-78 Tossed Stars – Blue), cut:

- (2) 2" x WOF strips, sub-cut (16) 2 x 3 ½" strips.

Fabric D (5830-77 Flying Eagles Silhouette – Blue), cut:

- (1) 1 ½" x WOF strip, sub-cut (8) 1 ½" x 3 ½" strips.

Fabric E (5833-71 Set Little Stars – Blue), cut:

- (1) 1 ½" x WOF strip, sub-cut (8) 1 ½" x 2 ½" strips.
- (1) 1 ½" x WOF strip, sub-cut (4) 1 ½" x 9 ½" strips.

Fabric F (5833-80 Set Little Stars – Red), cut:

- (1) 1 ½" x WOF strip, sub-cut (8) 1 ½" x 3 ½" strips.
- (1) 1 ½" x WOF strip, sub-cut (4) 1 ½" x 9 ½" strips.

Fabric G (5827-78 Plaid – Multi), cut:

- (4) 1 ½" x WOF strips, sub-cut (8) 1 ½" x 16 ½" strips.
- (2) 1 ½" x WOF strips, sub-cut (8) 1 ½" x 9 ½" strips.

Fabric H (1351-Red Delicious Just Color! – Red Delicious), cut:

- (2) 2" x WOF strips, sub-cut (16) 2" x 3 ½" strips.
- (7) 2 ½" x WOF strips for the binding.

Fabric I (5831-07 Tossed Stars – White), cut:

- (1) 3 ½" x WOF strip, sub-cut (2) 3 ½" squares.

Fabric J (5830-88 Flying Eagles Silhouette – Red), cut:

- (1) 1 ½" x WOF strip, sub-cut (8) 1 ½" x 2 ½" strips.

Backing (5828-78 Patchwork – Multi), cut:

- (2) 20" x WOF strips, sub-cut (4) 15" x 20" rectangles for the backs.

Place Mat Sewing

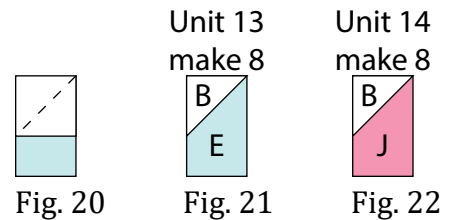
Sew using a $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

Place Mat Block Assembly

Note: Pay attention to the unit orientations when assembling the various components.

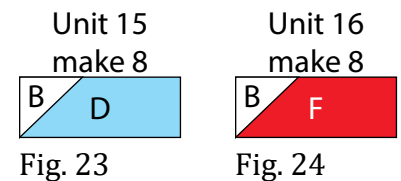
21. Place (1) $1\frac{1}{2}$ " Fabric B square on the top of (1) $1\frac{1}{2}$ " x $2\frac{1}{2}$ " Fabric E strip, right sides together and aligning the tops of the fabrics (Fig. 20). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 20). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a $\frac{1}{4}$ " seam allowance to make (1) Unit 13 strip (Fig. 21). Repeat to make (8) Unit 13 strips total.

22. Repeat Step 21 and refer to Figure 22 for fabric identification, placement and seam direction to make (8) Unit 14 strips.



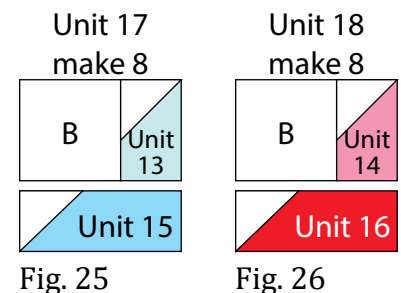
23. Place (1) $1\frac{1}{2}$ " Fabric B square on the left side of (1) $1\frac{1}{2}$ " x $3\frac{1}{2}$ " Fabric D strip, right sides together. Sew across the diagonal of the square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a $\frac{1}{4}$ " seam allowance to make (1) Unit 15 strip (Fig. 23). Repeat to make (8) Unit 15 strips total.

24. Repeat Step 23 and refer to Figure 24 for fabric identification, placement and seam direction to make (8) Unit 16 strips.



25. Sew (1) $2\frac{1}{2}$ " Fabric B square to the left side of (1) Unit 13 strip. Sew (1) Unit 15 strip lengthwise to the bottom of the newly sewn strip to make (1) $3\frac{1}{2}$ " Unit 17 square (Fig. 25). Repeat to make (8) Unit 5 squares total.

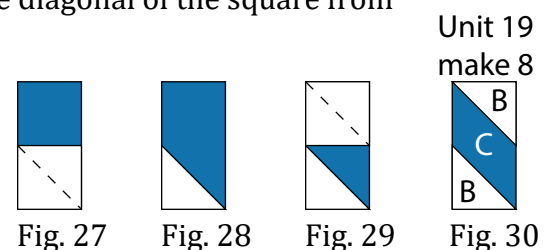
26. Repeat Step 25 and refer to Figure 26 for component identification, placement and orientation to make (8) Unit 18 squares.



27. Place (1) 2" Fabric B square on the top of (1) 2" x $3\frac{1}{2}$ " Fabric C strip, right sides together and aligning the bottoms of the fabrics (Fig. 27). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 27). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a $\frac{1}{4}$ " seam allowance (Fig. 28).

28. Place another 2" Fabric B square on the top of the 2" x $3\frac{1}{2}$ " Fabric C strip, right sides together and aligning the tops of the fabrics (Fig. 29). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 29). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a $\frac{1}{4}$ " seam allowance to make (1) Unit 19 strip (Fig. 30).

29. Repeat Steps 27-28 to make (8) Unit 19 strips total.



30. Repeat Steps 27-28 and refer to Figures 31-33 for fabric identification, placement and seam direction to make (8) Unit 20 strips, (8) Unit 21 strips and (8) Unit 22 strips.

Unit 20
make 8



Fig. 31

Unit 21
make 8



Fig. 32

Unit 22
make 8



Fig. 33

31. Sew (1) Unit 19 strip to the left side of (1) Unit 20 strip lengthwise to make (1) 3 ½" Unit 23 square (Fig. 34). Repeat to make (8) Unit 23 squares.

32. Repeat Step 31 and refer to Figure 35 for component identification, placement and orientation to make (8) Unit 24 squares.

Unit 23
make 8



Fig. 34

Unit 24
make 8



Fig. 35

33. Sew (1) Unit 17 square to each side of (1) Unit 23 square to make the top row. Repeat to make the bottom row. Sew (1) Unit 23 square to each side of (1) 3 ½" Fabric A square to make the middle row. Sew the (3) rows together lengthwise to make (1) Block Three square (Fig. 36). Repeat to make a second Block Three square.

34. Sew (1) Unit 18 square to each side of (1) Unit 24 square to make the top row. Repeat to make the bottom row. Sew (1) Unit 24 square to each side of (1) 3 ½" Fabric I square to make the middle row. Sew the (3) rows together lengthwise to make (1) Block Four square (Fig. 37). Repeat to make a second Block Four square.

Block Three
make 2

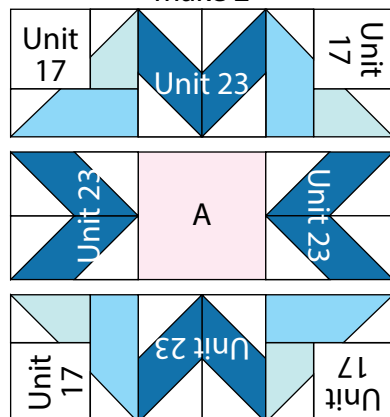


Fig. 36

Block Four
make 2

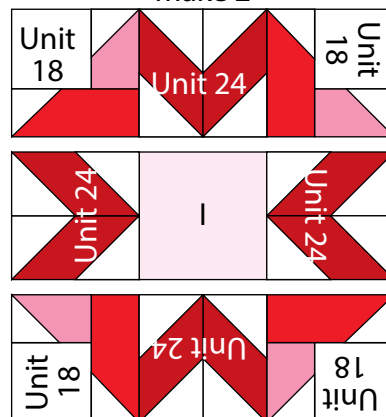
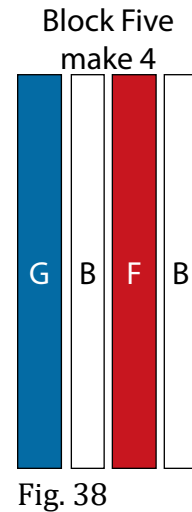
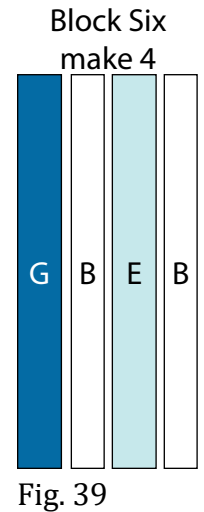


Fig. 37

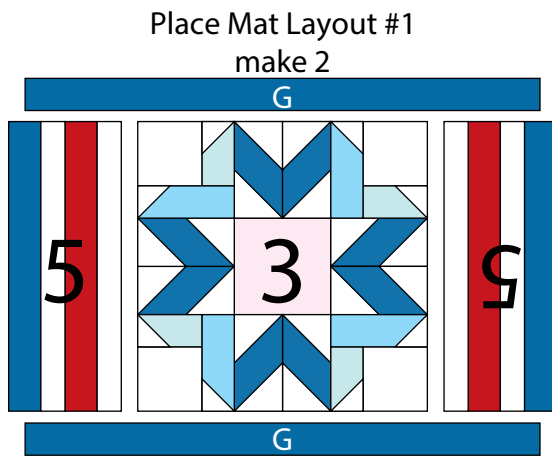
35. Sew together (1) 1 ½" x 9 ½" Fabric G strip, (1) 1 ¼" x 9 ½" Fabric B strip, (1) 1 ½" x 9 ½" Fabric F strip and (1) 1 ¼" x 9 ½" Fabric B strip, lengthwise and in that order from left to right, to make (1) Block Five rectangle (Fig. 38). Repeat to make (4) Block Five rectangles total.



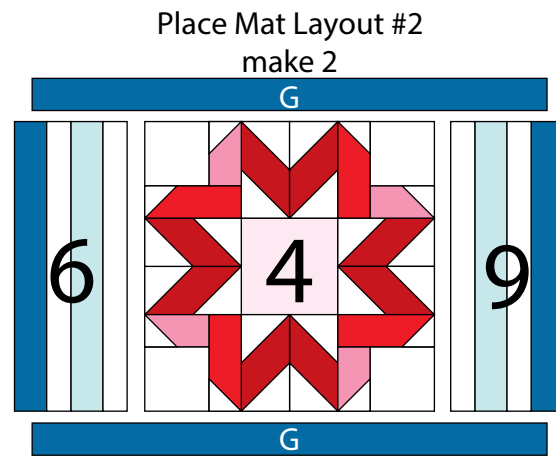
36. Sew together (1) 1 ½" x 9 ½" Fabric G strip, (1) 1 ¼" x 9 ½" Fabric B strip, (1) 1 ½" x 9 ½" Fabric E strip and (1) 1 ¼" x 9 ½" Fabric B strip, lengthwise and in that order from left to right, to make (1) Block Six rectangle (Fig. 39). Repeat to make (4) Block Six rectangles total.



37. Sew (1) Block Five rectangle to each side of (1) Block Three square. Sew (1) 1 ½" x 16 ½" Fabric G strip to the top and to the bottom of the newly sewn strip to make (1) Place Mat #1 top (Fig. 40). Repeat to make a second Place Mat #1 top.



38. Sew (1) Block Six rectangle to each side of (1) Block Four square. Sew (1) 1 ½" x 16 ½" Fabric G strip to the top and to the bottom of the newly sewn strip to make (1) Place Mat #2 top (Fig. 41). Repeat to make a second Place Mat #2 top.



Place Mat Layering, Quilting and Finishing

39. Press the place mats and (4) 15" x 20" backings well. Layer backings (wrong side up), batting, pressed place mats (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Place Mat Binding

40. Cut the ends of the (7) Fabric H binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together. Cut the strip into (4) equal pieces.

41. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.

*Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check www.studioefabrics.net for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are **not for resale**.*