

UPDATED ON OCTOBER 18, 2020

# Nordic Forest

A Free Project Sheet  
NOT FOR RESALE

By Jo Taylor

Quilt 1

Quilt Design by Heidi Pridemore



Skill Level: Advanced Beginner

facebook



Finished Quilt Size: 67" x 79"  
49 West 37th Street, 14th floor, New York, NY 10018  
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Please check our website for pattern updates before starting this project.

# NORDIC FOREST

Quilt 1

Finished Quilt Size: 67" x 79"

## Fabrics in the Nordic Forest Collection



24" Panel - Red  
9571P-88



Patch - Blue  
9572-70



Decorative Animals  
Dark Blue - 9573-77



Decorative Animals  
Slate - 9573-79



Sleeping Fox - White  
9574-01



Tossed Animals - Light Blue  
9575-70



Stripe - Red  
9576-88



Gnomes - Slate  
9577-79



Snowflake on Plaid - Blue  
9578-75



Snowflake on Plaid - Red  
9578-88

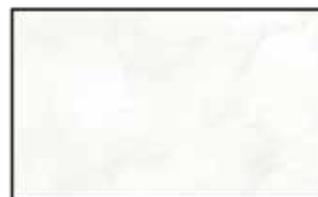


Polar Bear Stripe - Slate  
9579-79

Select Fabrics from  
the Starlet and  
Urban Legend  
Collections



Starlet - Cobalt  
6383-Cobalt



Urban Legend - White  
7101-01

### Materials

1/3 yard	Tossed Animals - Light Blue (A)	9575-70
1 3/4 yards	Snowflake on Plaid - Red (B)	9578-88*
2 3/4 yards	Stripe - Red (C)	9576-88
1/2 yard	Decorative Animals - Dark Blue (D)	9573-77
1 panel	24 inch Panel - Red (E)	9571P-88
7/8 yard	Urban Legend - White (F)	7101-01
1/2 yard	Snowflake on Plaid - Blue (G)	9578-75
2 1/2 yards	Polar Bear Stripe - Slate (H)	9579-79
1/2 yard	Gnomes - Slate (I)	9577-79
5 yards	Patch - Blue (Backing)	9572-70

\*Includes binding

### Cutting Instructions

Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage unless otherwise noted.

#### From the Tossed Animals - Light Blue (A), cut:

- (1) 7 1/2" x WOF strip. Sub-cut (2) 7 1/2" x 11 1/2" strips.

#### From the Snowflake on Plaid - Red (B), cut:

- (4) 2 1/2" x WOF strips. Sub-cut (8) 2 1/2" x 17" strips.
- (4) 2" x WOF strips. Sub-cut (8) 2" x 15 3/4" strips.
- (5) 1 1/4" x WOF strips. Sub-cut (10) 1 1/4" x 21" strips.
- (5) 1 1/4" x WOF strips. Sub-cut (10) 1 1/4" x 18 1/2" strips.
- (4) 1" x WOF strips. Sub-cut (10) 1" x 11 1/2" strips.
- (3) 1" x WOF strips. Sub-cut (10) 1" x 8 1/2" strips.
- (8) 2 1/2" x WOF strips for the binding.

#### From the Stripe - Red (C), fussy cut:

- (8) 4 3/4" x 25" Length of Fabric (LOF) strips, each centered on a Red strip.
- (8) 4 3/4" x 21" LOF strips, each centered on a Red Strip.
- (2) 4 3/4" x 25" LOF strip, each centered on a White Strip.
- (2) 4 3/4" x 21" LOF strip, each centered on a White Strip.

#### From the Decorative Animals - Dark Blue (D), cut:

- (1) 11 1/2" x 7 1/2" LOF strip.

#### From the 24" Panel - Red (E), fussy cut:

- (4) 11 3/4" x 17" small panels.

#### From the Urban Legend - White (F), cut:

- (5) 2 1/2" x WOF strips. Sub-cut (72) 2 1/2" squares.
- (4) 1 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 1/2" x 66 1/2" strips.
- (3) 1 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 1/2" x 56 1/2" strips.

#### From the Snowflake on Plaid - Blue (G), cut:

- (5) 2 1/2" x WOF strips. Sub-cut (72) 2 1/2" squares.

#### From the Polar Bear Stripe - Slate (H), fussy cut:

- (2) 6" x 83" LOF strips.
- (2) 6" x 71" LOF strips.

#### From the Gnomes - Slate (I), cut:

- (1) 11 1/2" x WOF strip. Sub-cut (2) 7 1/2" x 11 1/2" strips.

#### From the Patch - Blue (Backing), cut:

- (2) 87" x WOF strips for the backing. Sew the strips together and trim to make the 75" x 87" back.

### Block Assembly

1. Sew (1) 2 1/2" x 17" Fabric B strip to each side of (1) 11 3/4" x 17" Fabric E small panel. Sew (1) 2" x 15 3/4" Fabric B strip to the top and to the bottom of the Fabric E small panel to make (1) Unit 1 rectangle (Fig. 1). **Trim the unit to measure 14 1/2" x 18 1/2"**. Repeat to make (4) Unit 1 rectangles total.
2. Sew (5) 2 1/2" Fabric G squares and (4) 2 1/2" Fabric F squares together, alternating them, to make (1) GF strip. Repeat to make a second GF strip. Sew (1) GF strip to each side of (1) Unit 1 rectangle (Fig. 2).
3. Sew (5) 2 1/2" Fabric F squares and (4) 2 1/2" Fabric G squares together, alternating them, to make (1) FG strip. Repeat to make a second FG strip. Sew (1) FG strip to the top and to the bottom of the Unit 1 rectangle from Step 2 to make (1) Block One rectangle (Fig. 2).
4. Repeat Steps 2-3 to make (4) Block One rectangles total.

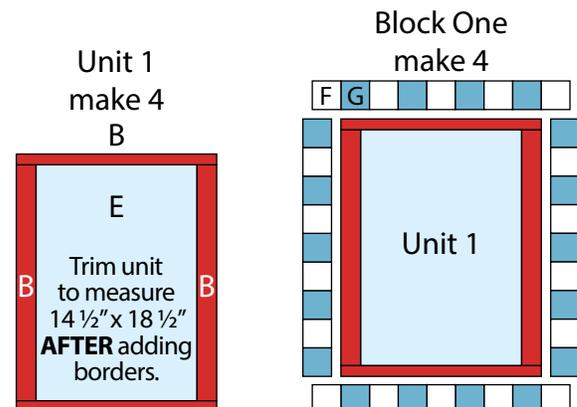


Fig. 1 B

Fig. 2

5. Sew (1) 1" x 11 1/2" Fabric B strip to each side of (1) 7 1/2" x 11 1/2" Fabric A strip. Sew (1) 1" x 8 1/2" Fabric B strip to the top and to the bottom of the Fabric A strip to make (1) Unit 2 rectangle (Fig. 3). Repeat to make a second Unit 2 rectangle.

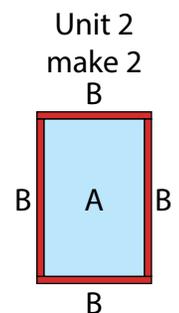


Fig. 3

# NORDIC FOREST

## Quilt 1

6. Sew (1) 1" x 11 1/2" Fabric B strip to each side of (1) 7 1/2" x 11 1/2" Fabric I strip. Sew (1) 1" x 8 1/2" Fabric B strip to the top and to the bottom of the Fabric I strip to make (1) Unit 3 rectangle (Fig. 4). Repeat to make a second Unit 3 rectangle.

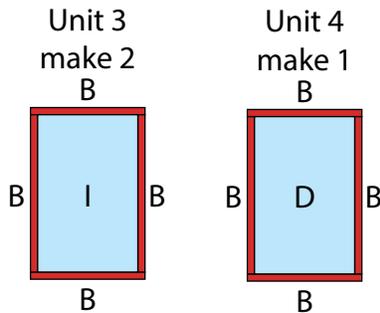


Fig. 4

Fig. 5

7. Sew (1) 1" x 11 1/2" Fabric B strip to each side of (1) 7 1/2" x 11 1/2" Fabric D strip. Sew (1) 1" x 8 1/2" Fabric B strip to the top and to the bottom of the Fabric D strip to make (1) Unit 4 rectangle (Fig. 5).

8. Center (1) 4 3/4" x 25" Fabric C Red strip on (1) side of (1) Unit 2 rectangle and pin in place. Start sewing the strip a 1/4" from the top edge of the block and stop a 1/4" from the bottom edge. **DO NOT TRIM THE EXCESS.** Repeat with the opposite side.

9. Repeat Step 8 to sew (1) 4 3/4" x 21" Fabric C Red strip to the top and to the bottom of the Unit 2 rectangle, making sure to stop and start 1/4" away from each end of the block. To miter each corner, fold the Unit 2 rectangle on a diagonal, wrong side together. This should line up the strips from adjacent sides (Fig. 6).

10. Starting at the sewn seam (represented by the arrow in Figure 6), draw a 45-degree line to the edge of the fabric. Sew on the drawn line. Trim the excess fabric leaving a 1/4" seam. Repeat this step with the remaining corners to make (1) Unit 5 rectangle (Fig. 7).

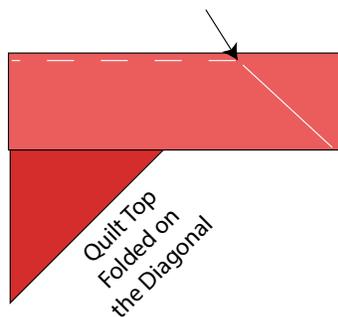


Fig. 6

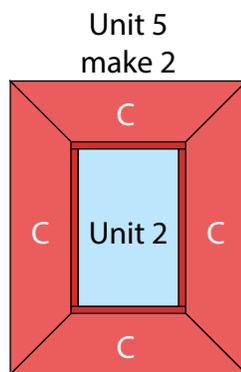


Fig. 7

11. Repeat Steps 8-10 to make a second Unit 5 rectangle.

12. Repeat Steps 8-10 and refer to Figures 8-9 for fabric/component identification and placement to make (2) Unit 6 rectangles and (1) Unit 7 rectangle.

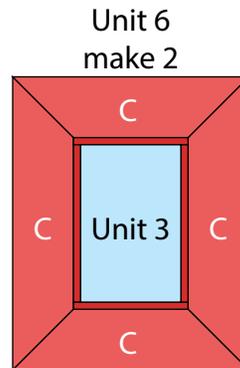


Fig. 8

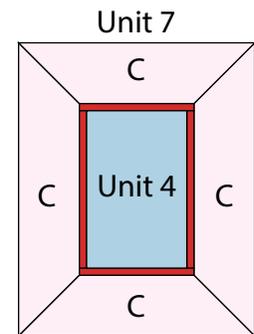


Fig. 9

13. Sew (1) 1 1/4" x 21" Fabric B strip to each side of (1) Unit 5 rectangle. Sew (1) 1 1/4" x 18 1/2" Fabric B strip to the top and to the bottom of the Unit 5 rectangle to make (1) Block Two rectangle (Fig. 10). Repeat to make a second Block Two rectangle.

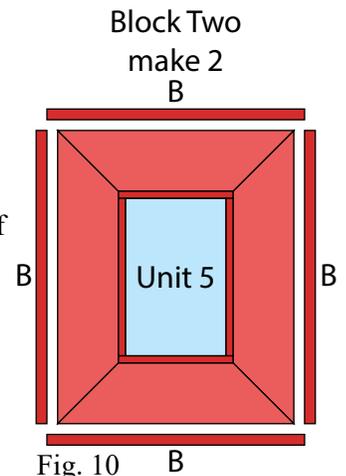


Fig. 10

14. Repeat Step 13 and refer to Figures 11-12 to add the Fabric B border strips to the (2) Unit 6 rectangles and (1) Unit 7 rectangle to make (2) Block Three rectangles and (1) Block Four rectangle.

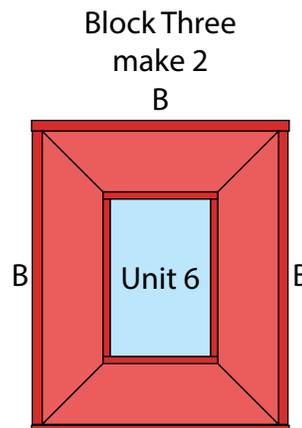


Fig. 11

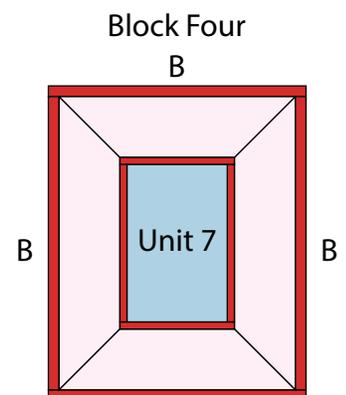


Fig. 12

### Quilt Top Assembly

*(Follow the Quilt Layout while assembling the quilt top.)*

15. Sew (1) Block Two rectangle, (1) Block One rectangle and (1) Block Three rectangle together in that order to make Row One.

16. Sew (1) Block One rectangle to each side of (1) Block Four rectangle to make Row Two.

17. Sew (1) Block Three rectangle, (1) Block One rectangle and (1) Block Two rectangle together in that order to make Row Three.

18. Sew the (3) rows together in numerical order to make the Center Block.

19. Sew (1) 1 ½" x 66 ½" Fabric F strip to each side of the Center Block. Sew (1) 1 ½" x 56 ½" Fabric F strip to the top and to the bottom of the Center Block.

20. Center (1) 6" x 83" Fabric H strip on (1) side of the Center Block and pin in place. Start sewing the strip a ¼" from the top edge of the block and stop a ¼" from the bottom edge. **DO NOT TRIM THE EXCESS.** Repeat with the opposite side.

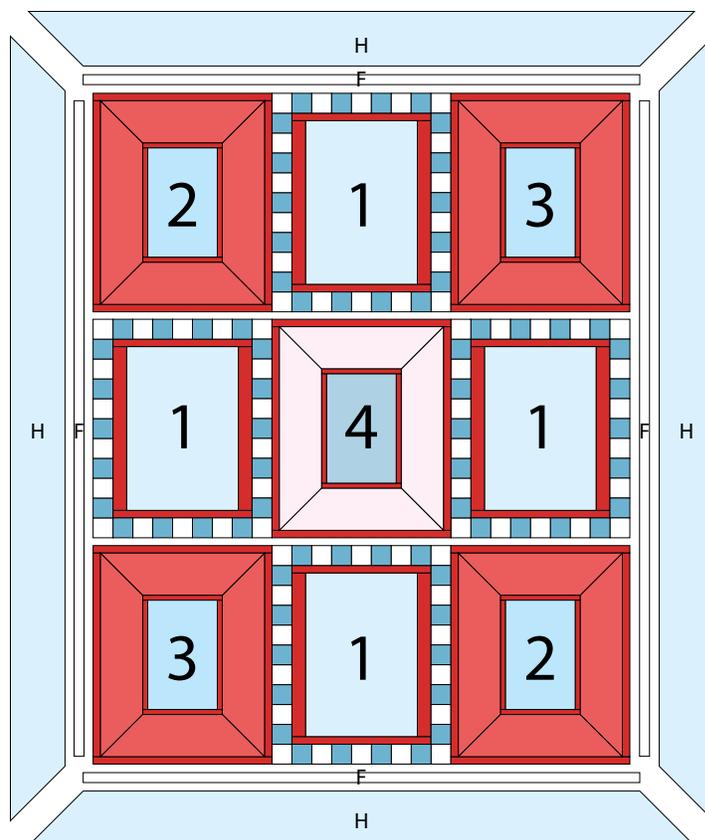
21. Repeat Step 20 to sew (1) 6" x 71" Fabric H strip to the top and to the bottom of the Center Block, making sure to stop and start ¼" away from each end of the block. To miter each corner, fold the Center Block on a diagonal, wrong side together. This should line up the strips from adjacent sides (Fig. 6).

22. Starting at the sewn seam (represented by the arrow in Figure 6), draw a 45-degree line to the edge of the fabric. Sew on the drawn line. Trim the excess fabric leaving a ¼" seam. Repeat this step with the remaining corners to make the quilt top.

23. Layer and quilt as desired.

24. Sew the (8) 2 ½" x WOF Fabric B strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

25. Bind as desired.



Quilt Layout

*Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check [www.blankquilting.net](http://www.blankquilting.net) for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are **not for resale**.*